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WWWQ News 望闻问切

Newsletter of American TCM Society 美国中医针灸学会 通讯

September 29, 2009 NO: 9



About WWWQ

Wang 望: inspection **W**en 闻: listening & smelling

Wen 问: inquiry Qie 切: palpation

The Progress Report on the Petition Action for Including Acupuncture in the U.S. Health Care Reform Plan

September 15, 2009

Back in June, 2009, ATCMS (American TCM Society) and CAOMA (Council of Acupuncture and Oriental Medicine Associations) started a collaboration to plead to the Federal Government and Congress for including acupuncture in the U.S. Health Care Reform Plan. Intensive lobbying works were conducted with initial success. Now it is our wish to report to you our progress during the past three months.

Being a professional society of TCM and acupuncture, ATCMS did send our pleading letters via various channels to President Obama as well as Congress Leaders who are promoting for this Reforming Campaign. In order to reinforce our pleading, research materials verifying the efficacy, economy and safety of acupuncture were also attached. Our purpose is to make the government and legislators understand that including acupuncture in the Reform Plan should help our government save a great deal of expenses and enhance the quality of American healthcare as a whole.

On July 21, Dr. Michelle Lau and other leaders of CAOMA visited the community office of Congressman George Miller, Chairman of labor & Education Committee. During the 90-min. meeting with the Congressman's Chief of Staff, they succeeded in winning the support from Congressman Mill who is playing a crucial role in the Reforming Campaign.

Currently, CAOMA is actively contacting Congressman Henry Waxman, Chairman of Energy & Commerce Committee in Congress, who is also playing a crucial role in the Reforming Campaign.

On ATCMS side, we did claim to nation-wide TCM & Acupuncture professional associations, schools and practitioners. We pleaded them to send petition letters to government and legislators and received support from all over the places.

NCCAOM, our national certification agency, is strongly supporting our actions. Their leaders held a phone-meeting with us and decided to e-mail our pleading letter-form to their 15,000 members. Unanimous support and co-operations from all over the country were received. Soon thousands of petition letters landed at White House and Congress. President Obama was so impressed by our enthusiasm and replied in writing to Dr. Aiming Huang-Liu in California to thank her for representing our concerns and suggestions toward the Reforming Campaign.

By way of our joint efforts, we finally let the government and legislators listen to our pleading. What an encouraging message! Since the Reforming Campaign involves the interests of all different professions and levels of our country, it's outcome still remains unpredictable. But experiences told us that only by consolidating our indefatigable efforts, we can hope to protect and promote our professional interests to the largest possible limit during the legislative processing.

(Roger Tsao)

News from World Federation of Acupuncture Society

The 7th General Assembly of WFAS and acupuncture symposium will be hosted by WFAS on November 4-7, 2009, in European Parliament, Strasbourg France. Please visit website: www.wfas.org.cn for the detailed information. The deadline of registration is on October 23.

Introduction of ATCMS Seminar on Nov. 1, 2009

Summer has left and autumn finds us here. Time does fly, doesn't it? We wish that your fall season is golden and harvesting after the winter cold followed by summer heat.

Traditionally, ATCMS still works very hard to sponsor the academic activities of high quality for you. We will continue endeavoring to strengthen our members' clinical ability, and to escalate their practicing standards. This time, our seminar on Nov. 1,'09 will cordially welcome Dr. Ai-Zhong Li to speak on "The Sun's Abdominal Acupuncture Therapy", and Dr. Jun Xu to speak on "The Clinic Management in Formulation and Filing of Clinic Records".

"The Sun's Abdominal Acupuncture Therapy" was invented by Dr. Shen-Tian Sun, a famous expert of Acupuncture in China. His theory is based on the "Abdomen-Brain Theory", as well as "Brain-Gut PeptideTheory". By combining these theories with his clinical experiences of many years, this method was published unprecedentedly. Sun's Abdominal Acupuncture selects Acu-Points/Areas in the abdomen based on the theory of cerebral-cortex functional localization of Biomedicine. The treatments focus on the abdomen as the projection of the cerebral-cortex functional localization. In the abdomen, there are four projectile parts containing ten Acu-Points/Areas for stimulation. These Points/Areas are not belonged to the 14-Meridian System. Sun's Abdominal Acupuncture believes that the stimulations generated from acupuncturing those Points/Areas can penetrate the abdominal wall to act on the Enteric Nervous System (ENS) hence to regulate the secretion, release and utilizations of Neuropeptides.

Sun's Abdominal Acupuncture is characterized by its efficacy, convenient point/area locations and painless needle insertion. Easier acceptance from the patients can be expected. This method could be an excellent choice for many a condition including diseases infesting nervous, endocrine, cardiovascular, urogenital and digestive systems. Especially effective results were found in treating the diseases induced by the changes of Neuroactive materials in human body such as: Depression, Insomnia, Dreamy sleep, Forgetfulness, Neurosis, Essential Hypertension, Diabetes, Menopausal Syndrome, Parkinsonism, Chorea, Loss of Sensations, Dysfunctions, Pain Syndromes, Mal-functions of Vision, Leg-Tremors and Loss of Balance. Uniqueness is reflected from the basic theory, mechanism, points/areas selections and techniques of Sun's Abdominal Acupuncture. It is different from any other methods, and it provides us a brand new way of thinking and methodology.

Our speaker Dr. Ai-Zhong Li graduated from Heilongjiang TCM Univ. and followed Dr. Shen-Tian Sun for many years learning the Abdominal Acupuncture. Currently, Dr. Li is teaching in N. Y. Chiropractic College, treating patients at Rochester Acupuncture Clinic as TCM practitioner and supervisor.

Our next speaker is Dr. Jun Xu. Dr. Xu graduated from Jiangxi TCM College and Guangzhou TCM Univ. He is also licensed to practice western medicine in the U.S.A. His clinic successfully uses combination of TCM and western medicine to treat rehabilitating patients. The success won himself a great deal of exemplary experiences in promoting TCM into the main stream of American healthcare. Dr. Xu's lecture will be aimed at our constantly concerned aspects such as: Charting Acupuncture treatments in English, Keeping clinic records, Most commonly used medical abbreviations, Summarization of case reports, Mode for writing correspondence letters and many other noteworthy pitfalls need to be eschewed.

Dr. Xu will conduct his lecture in the form of Graphics-Texts as well as Questions-Answers especially on Management of filing clinic records. This is the first time ATCMS ever sponsors such a seminar lecture. So it is our belief that Dr. Xu will surely benefit us in enhancing our professional quality. Opportunity like this one is hard to come by. Make sure you wouldn't miss it and we'll see you at the seminar.

ATCMS Academic Committee

Clinical Research: Request for acupuncture cases

A clinical research project is planned to study why certain patients need continuous acupuncture treatments for prolonged period of time. Cases submitted should meet following criteria:

- 1. Individuals who received continuous acupuncture treatment for at least one year.
- 2. The frequency of acupuncture treatment should be at least once every two weeks or at least 25 treatments within one year.
- 3. There is no restriction in age, sex, race, or medical conditions; past acupuncture treatment within 3 months (even at different clinic) can be considered as continuous treatment

Patients and clinics private information will be kept confidential and involving acupuncturists and clinics will be acknowledged in resulting publication. This non-profit study will provide important information for American acupuncture practitioners and may gain interesting data for further investigation or policy making by Government agency.

If you are interested in submitting your cases to the project, please send your name, title, E-mail, tel/cell-phone, mailing address, and potential case number to following address, and survey forms and instructions will be mailed to you:

TCMAA2004@yahoo.com Att: Dr. YM Li

ATCMS News & Views

Online CAM News

US Senators Seek Coverage for Alternative Therapies

As economic pressure and healthcare reform continue to change the landscape of medicine, and as more people continue to seek alternative therapy, congress continues to ask for changes in the healthcare system to keep up with people's demand. The Boston Globe, July 24, 2009.

Acupuncture Sensitizes Neurotransmitters

A great series of studies have been published in NeuroImage, describing the relationships between acupuncture and pain neurotransmitter modulation.

NeuroImage September, 2009.

The Chemicals of Pain in Cancer

A study recently published in Journal of Experimental & Clinical Cancer Research found that a mouse cancer pain model when given electro-acupuncture (EA) caused a decrease in substance P and an increase in beta-endorphin. "The concentration of beta-endorphin for EA treatment group increased by 51.457% in the blood and 12.6% in the brain respectively, compared to the tumor control group." Substance P is a known modulator of pain perception and beta-endorphin is a universally known opioid receptor that controls and dulls pain perception in the body.

EA treatment could be used as an alternative therapeutic method for cancer pain due to a consequent decrease in substance P and increase in beta-endorphin levels.

Journal of Experimental & Clinical Cancer Research, July 16, 2009.

A new law takes effect in Mississippi allowing certified acupuncturists to practice in the state

House Bill 458 authorizes, for the first time, the practice of acupuncture in Mississippi - making this the 44th state to recognize acupuncture as a licensed treatment. Acupuncturists may perform the treatment for a patient only if the patient has a written referral or prescription from a physician.

Clarion Ledger, July 1, 2009

Traditional Chinese acupuncture and placebo (sham) acupuncture are differentiated by their effects on mu-opioid receptors (MORs)

Department of Anesthesiology, University of Michigan, Ann Arbor

(Jing Huo)

A SPECIAL ATCMS ANNOUNCEMENT

Dear friends:

Wishing this letter find you happy, healthy and relaxed. But there are people who are unable to do so...

It was August 8th this year. A disastrous and enormous Mountain-Slide induced by Typhoon Morack came upon Southern Taiwan. The avalanche of soil and boulders mixed with the flooding brutally washed away houses of the village and buried vivid lives asleep. A handful of survivors merely have escaped, but lost almost all of their family and properties. They are suffering! And they need your concerns and consolation!

In order to assist the survivors to re-construct their home-land, to encourage them to face the unexpected tragedy and to rekindle their mettle and passion toward life, we, members of ATCMS, decided to donate the net-income of our academic seminar on November 1st, 2009 to the Post-disaster Re-construction through B.L.I.A. (Buddha's Light International Association).

Although we only have limited power, but the warmth and passion transmitted to those who are suffering are not measurable by monetary value. So please join us in this fund-raising activity to contribute your love and kindliness to our compatriots. If you would like to make additional donation, you can also send your check directly to:

Buddha's Light International Association (B.L.I.A.) 154-37 Barclay Ave., Flushing, NY 11355-1109 Tel (718) 939-8318 Fax (718) 939-4277

Thank you in advance!

American TCM Society (ATCMS)

Headline

ATCMS Seminar:

Date & Time: November 1, 2009, Sunday, 11:30am--5:00pm

(11:00am--11:30am: Registration)

Location: Sheraton LaGuardia East Hotel, 1st Floor (Garnet Room)

135-20 39th Avenue, Flushing, NY 11354

Topics and Speakers:

1. The Sun's Abdominal Acupuncture Therapy

---- by Ai-Zhong Li, Ph.D., L.Ac.

2. How to Write Your Medical Chart According to the Requirement of Medicare and Insurance Company

---- by Jun Xu, M.D., L.Ac.; Vice-President of ATCMS.

3. To Assist the Survivors of the Typhon Morack in Taiwan to Re-construct their homeland

---- by Roger Tsao, Ph.D., L.Ac., the Advising Committee Member of ATCMS.

PDA Credit: NCCAOM 5 Credit Points

Fees: 1. ATCMS active members: \$50; 2. Students with ID: \$50; 3.Others: \$80 **The net-income will be donated to Taiwan to assist Typhoon survivors**

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