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WWWQ News 望闻问切

Newsletter of American TCM Society
美国中医药针灸学会 通讯

Nov 5, 2011 NO: 17 Winter Issue



About WWWQ

Wang 望: inspection
Wen 闻: listening & smelling
Wen 问: inquiry
Qie 切: palpation

A Letter From the President of ATCMS

Dear members:

American Traditional Chinese Medicine Society (ATCMS) has been established for 4 years. We have worked very hard for our society and the future of Traditional Chinese Medicine. Therefore, we sincerely thank our standing board members, board members and all members for your trust and support. I would like to summarize the activities that have been done by each department during the past year.

1. Democracy is the principal rule of ATCMS. We abide by the law of ATCMS. We also restrict the power of the president of ATCMS in order to preserve our democratic tradition.
2. We have had objectives and tasks for different departments. Each head of the department is able to work independently as well as cooperatively to contribute their time and energy to ATCMS:
 - A. Department of Secretaries: we do not have a paid secretary and all the routine work is done by our voluntary secretaries, especially the secretary in general, who mails out our newsletters, arranges the rentals of seminars, and communicates with all the departments of ATCMS.
 - B. Department of Academy: they work very hard to look for highly qualified speakers in the United States of America and in Mainland China. Four seminars were arranged and one more seminar is on its way. Without their hard work, we would not be able to provide these excellent seminars.
 - C. Department of Promotion and Advertisement: they did a great job for our Newsletter. They collected, edited, and translated many articles. We thank them for their excellent contributions.
 - D. Department of Member Friendship: they hosted our 2010 annual meeting and organized two tours. We enjoyed the annual meeting very much as well as the tours and highly appreciate their efforts for these activities.
 - E. Accounting Department: as usual, this department did a great job for registration of every seminar in 2011, assisted the Departments of Academy and Member Friendship for their activities, and submitted the 2011 tax of nonprofit organization.
 - F. Departments of Legislation, Insurance and Benefit, and English Speaking Members: each department was in process for future activities although not much was concluded in the past year. In addition, they assisted other departments whenever they were needed.

We thank all of you for your efforts for our society in 2011. The year 2012 is on the corner and we hope that each of you joins us in order for us to fulfill the following goals:

1. Election of new president: we expect to elect a new president and add new board members to each department. Therefore, we hope you stand up and join us. As long as you are determined to serve our members, and come to our meetings, you will be qualified as our board member.
2. Preparation of Annual meeting of 2012: we hope you can give suggestions and participate in the meeting.
3. Propose new projects and plans for each department for 2012, led by our new leadership of the society.

Once again, I would like to express our appreciation to each of you. Without your support and participation, we would not finish any work at all. Let us unite together and overcome the obstacles to fulfill our goal- a democratic, fully energetic ATCMS for hundreds of years.

Sincerely,

Jun Xu, M.D., L. Ac.

The ATCMS Standing Board Meeting

The ATCMS Standing Board meeting was held in Flushing, NYC, on October 30. Fifteen current standing board members and supervision committee members attended the meeting. Participants reviewed and summarized what ATCMS achieved in the past year, and exchanged opinions about the proposals for next year. It has been decided that the society will host a winter seminar at Sheraton LaGuardia East Hotel in Flushing, NYC, on December 4 (for the detailed information, please read this issue of ATCMS Newsletter). Also, we will initiate the nomination for the 3rd term of ATCMS board during the meeting.

During the above meeting, ATCMS Standing Board also decided to hold the annual meeting in spring, 2012. During this upcoming event, we plan to arrange the Photo Exhibition on History of Acupuncture in America during the Last 40 Years, Chinese Gong-fu Show, Peking Opera, art of Chinese Calligraphy, and Chinese fashion Show and other activities which related to the traditional Chinese culture. You are cordially invited to the annual meeting. We also hope that you recommend artists to us. Please contact Dr. Jie Shi at (516) 906-1120, if you have any suggestion or recommendation.

Introduction on the Incoming Seminar

We are very pleased to announce that the last seminar this year will be held on Sunday, December 4, 2011 at the Shelton Hotel, in Flushing. Our speaker, Dr. Jing Liu from Massachusetts, is a well known TCM researcher and a very experienced acupuncturist and herbal practitioner. His topic is "Comparison and Integration of TCM and Western Medicine."

Dr. Liu graduated from the Norman Bethune Medical University, in Chang Chuen, China with a Medical Degree. He then studied TCM at the China Academy of Traditional Chinese Medicine and received a Master Degree in Combination of Traditional Chinese Medicine and Western Medicine, and a Ph. D. majoring in pharmacology. He came to US in 1988 and worked at Massachusetts General Hospital for 10 years and studied the effects of acupuncture on the human brain using fMRI technology. He also participates in several clinical research projects at New England Medical Center, Wellesley College and Harvard University. He currently works at Marino Center for Progressive Health and his private acupuncture clinic. Dr. Liu will talk about the comparison and integration of TCM and Western Medicine. He will explore how TCM is able to increase the efficacy and share his precious experience with our audience. For detailed information on this seminar, please see "Seminar Announcement".

In addition, requested by some of our members, from now on (including this seminar), we will conduct a Q&A session to discuss the issues that acupuncturists are interested in. The first topic will be "How to get acupuncture claims approved." You may bring your questions and cases to the seminar and we will provide a group discussion. This session will be hosted by Dr. Ling Zheng and Dr. Dazhi Chen who have accumulated tremendous experiences on acupuncture insurance claim.

Book unveils acupuncture's four-decade journey to America

BEIJING, Oct. 19 (Xinhua) -- A new book reveals acupuncture's four-decade journey to America, from the challenges of achieving legal recognition to it being embraced by a growing number of Western physicians and therapists. Published on Tuesday -- World Traditional Medicine Day -- "Acupuncture's Journey to America" by Li Yongming is meticulously researched and contains historic files and interviews with key players in its rise in the West. The book details the obstacles -- both legal and medical -- that acupuncture has encountered in America over 40 years.

Li concludes that an article by New York Times columnist James Reston served as the catalyst for acupuncture's acceptance in the United States. Currently in the United States, the number of licensed acupuncturists is estimated to exceed 20,000.

"Acupuncture has seen an unexpected welcome in the Western world," Li said. "It now stands with Kung Fu and Chinese food as one of the three quintessential pillars of Chinese culture overseas."

Even with its growing acceptance, Li encourages the Chinese government to increase efforts in promoting professional training and further research in acupuncture.

Li claims China resembles the United States in the 1970's with a high speed of economic and technological development. "The Chinese middle-class will revert to adoring traditions and nature, just as Americans did in the 1970's," Li said. "And I hope the book raises the awareness of Chinese to pay close attention to the cultural value of traditional therapy and to revive the ancient healing methods of China."

(Xin Hua Editor: Zhang Xiang)

Brief News of Acupuncture & TCM

Battlefield Acupuncture.

Abstract: The Battlefield Acupuncture technique was created by Dr. Richard Niemtzow for the purpose of rapid pain relief in 2001. The technique incorporates the use of ASP indwelling auricular needles that are placed in a specific order at five distinct locations on each ear. The points used are Cingulate Gyrus, Thalamus, Omega 2, Point Zero and Shenmen. Not every treatment utilizes all the points as placement depends on the patient's response. ASP needles are quick and easy to insert and the technique can easily be incorporated into a busy practice. Non-acupuncturist physicians can be taught this technique which has shown promise for use in the outpatient and inpatient setting.

Journal of Chinese Medicine (J CHINESE MED), 2011 Jun(96): 14-7

Effects of GV20 Acupuncture on Cerebral Blood Flow Velocity of Middle Cerebral Artery and Anterior Cerebral Artery Territories, and CO₂ Reactivity During Hypocapnia in Normal Subjects.

Journal of Alternative & Complementary Medicine (J ALTERN COMPLEMENT MED), 2011 Mar; 17(3): 219-24

Conclusions: The data suggest that GV20 acupuncture treatment increases cerebral blood flow.

Effects of Acupuncture at Sanyinjiao (SP6) on Prostaglandin Levels in Primary Dysmenorrhea Patients.

Clinical Journal of Pain (CLIN J PAIN), 2011 Mar-Apr; 27(3): 258-61

CONCLUSIONS: The immediate analgesic effect of SP6 might not be mediated by changes in the prostaglandin levels.

Acupuncture for carpal tunnel syndrome: a systematic review of randomized controlled trials.

Journal of Pain (J PAIN), 2011 Mar; 12(3): 307-14

This systematic review of RCTs focused on clinical trials testing the effectiveness of acupuncture for CTS. The existing evidence is not convincing enough to suggest that acupuncture is an effective therapy for CTS.

Effects of Acupuncture Therapy on Abdominal Fat and Hepatic Fat Content in Obese Children: A Magnetic Resonance Imaging and Proton Magnetic Resonance Spectroscopy Study.

Journal of Alternative & Complementary Medicine (J ALTERN COMPLEMENT MED), 2011 May; 17(5): 413-20

Conclusions: The first direct experimental evidence is provided demonstrating that acupuncture therapy significantly reduces BMI and abdominal adipose tissue by reducing abdominal VAT content without significant changes in body weight, waist circumference, hip circumference, WHR, abdominal SAT, or IHTG content. Thus, the use of acupuncture therapy to selectively target a reduction in abdominal VAT content should become more important and more popular in the future.

ATCMS Volunteers Wanted:

American Traditional Chinese Medicine Society (ATCMS) is one of the biggest nonprofit organizations of acupuncture and Chinese Herbal Medicine in the great New York area. The mission of the society is to promote Traditional Chinese Medicine (TCM) in the United States and enhance the recognition of TCM by the general public. The society is seeking volunteers of both high school students and college students. Typical tasks may include but are not limited to the member services, meeting preparation and registration, News Letter proofreading and editing and web maintenance. If you are interested, please contact 212-689-1773 or 646-290-1088 for details.

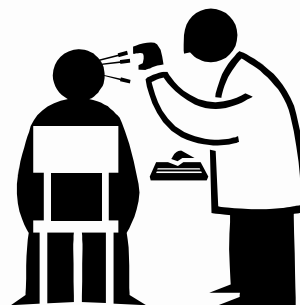
(ATCMS Secretariat, Nov 1, 2011)

Announcement of ATCMS Seminar in Winter 2011

Date/Time: December 4, 2011, Sunday, 12:00—4:30pm
Place: Sheraton LaGuardia East Hotel, 7th Floor (Diamond Room)
135-20 39th Avenue, Flushing, NY 11354
Topic: Comparison and Integration of TCM and Western Medicine
Speaker: Jing Liu, Ph.D., Lic. Acu.
Language: Presentation in Chinese with English simultaneous interpreting
(limited headsets available, first-served basis)
CEU Credit: 4 NCCAOM CEU
Fees: \$40 for ATCMS members and students; \$80 for others
Contact: (212) 689-1773 (Dr. Zheng)



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